

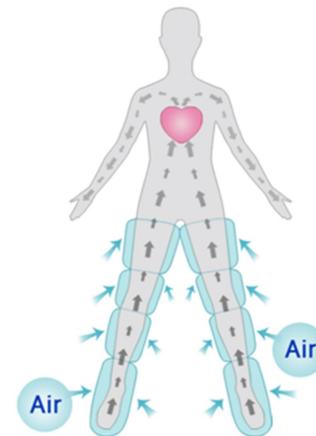
Home4

Model: LX7bag



What is IPC?

IPC (Intermittent Pneumatic Compression) is an automatic massage system which is used, amongst other things, for edema treatment, aesthetic treatments, for the improvement of athletic performance and for wellness. The base station generates a pre-programmed pressure build-up in an inflatable cuff that is placed around leg, arm, or (part of) the body. A cuff has four air chambers. There are separate cuffs for leg, arm, waist or the centerbody. By alternately filling the air chambers with air and subsequent draining, a natural massage effect is created, similar to a good manual massage. The lymph and blood circulation throughout the body is stimulated and lymph fluid and/or waste products from the muscles are drained. The systems can also be used for the treatment of cellulite. In sports IPC can be deployed for both the warming-up and cooling-down for injury prevention or injury treatment, so athletes can rehabilitate faster. The device can be used in daily use for tired or swollen legs at standing occupations such as shop assistants, hairdressers etc. The Doctor Life massage systems are characterized by the very simple operation, robust design and low weight.



Treatment of Edema

The model LX7 can be used for selfmanagement of lymph or lip edema as a support of the treatment by therapists. Like manual massage it stimulates the flow of lymph fluids.

Wellness

Massage is relaxing. In the oriental culture it is a natural part of existence, in the West we must sometimes get used to it. The Doctor Life IPC systems make it possible to perform an automatic massage in the safe confines of your own home, by yourself. Massage reduces stress, fatigue disappears and your wellness increases. You will sleep better and your skin will be smoother. Massage also helps well with cold hands and feet. At all Doctor Life massagers the massage pressure is adjustable.

Better sports performance

Athletes know what massage can do for their condition, for muscle recovery and muscle rehab. Unfortunately, only a few (top) athletes have access to a private sports massage therapist. The Doctor Life IPC massage equipment makes for every athlete regular (sports) massage within his / her reach. Regular use of IPC promotes the removal of waste products and supply of nutrients throughout the lymphatic and circulatory system. It will increase overall fitness, fasten muscle recovery and muscle rehab.

When applied during warming-up and cooling-down muscle tension will decrease and faster muscle recovery position will take place by better drainage of waste products from the muscles. The acidification of muscles after exercise will decrease. More top performances in one day in e.g. swimming, skating or athletics is thereby facilitated better. IPC improves blood flow to the muscles and helps also to prevent injuries. If injuries do occur, application of IPC could lead to a significantly faster recovery.

Many athletes use high-altitude training to improve oxygen transport, to stimulate the production of red blood cells or they resort to medication. But did you know that IPC will help you as an athlete to improve your oxygen delivery in the lungs in a natural way? And that on rest days if you relax with IPC you can still continue to improve your oxygen supply?

Recent research has shown that the blood velocity in the calves during IPC with leg cuffs increases 45%.

HOME4 Model LX7bag



The model LX7 has two massage programs. The operation is very simple. Time and pressure are adjustable while each chamber can be individually enabled or disabled. Its low weight and compact size makes it easy to carry, especially this model as it is delivered in a bag specifically developed for the LX7. The system comes with: two easy connect leg cuffs (XL), two footpads and one double hose tubing. Arm cuff, waist cuff and centerbodycuff are optionally available. All these accessories can be packed in the bag in such a way that your system is always ready for use.

Specifications:

- 4 chamber compression system with two massage programs
- Supply voltage 220-240V AC; 50/60 Hz
- For lower Voltages a AC adapter is supplied
- Power 50 Watt
- Pressure setting 20-200 mmHg (+/- 20 mmHg)
- Timing 10-20-30 min
- System Size 260 x 160 x 120 mm
- Weight 2 kg System

Targetgroup:

The Home4 – LX7bag is ment to be used on location e.g. on vacation, at sporting events or by therapists at patients house.

What does it do:

In **low-pressure massage** (20-60 mmHg) the device stimulates the lymphatic system and the circulatory system through legs , arms and /or hips / belly with massaging cuffs filled with air . The improvement of the discharge of lymph fluid will cause a decrease of the accumulation of moisture in an arm or leg . Because of the improvement of the bloodcirculation and lymphatic drainage of moisture at the same time, the immune system is enhanced and one is less susceptible to all kinds of diseases .

The **middle massage** pressure (60-130 mmHg) is intended for the blood circulation. It stimulates especially the deeper muscles (hence the higher pressure) which stimulate veins. Also for drainage of toxins.

In the **high-pressure** or sports massage (130 – up to 200 mmHg), the most important effect is the reduction of the muscle tension and loosening of hard tissue. By increased bloodflow through the body nutrients can be better supplied . Fluid accumulation due to muscle damage will diminish .

More than half of our blood supply is located within the vasculature of the legs. Massage of the legs gives an important contribution to the general well-being . Regular use gives a significant contribution to the prevention of injuries.

Finally, IPC is used in the treatment of cellulite and to lose weight, since the grease can detach and subsequently removed.

Who we are:

Doctor Life is a registered trademark of Daesung Maref Corp. Ltd. from South Korea. The company provides air-driven massage (IPC) equipment for sports massage, wellness applications and medical treatments. North Sea Health Care BV is official importer of DoctorLife equipment.

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